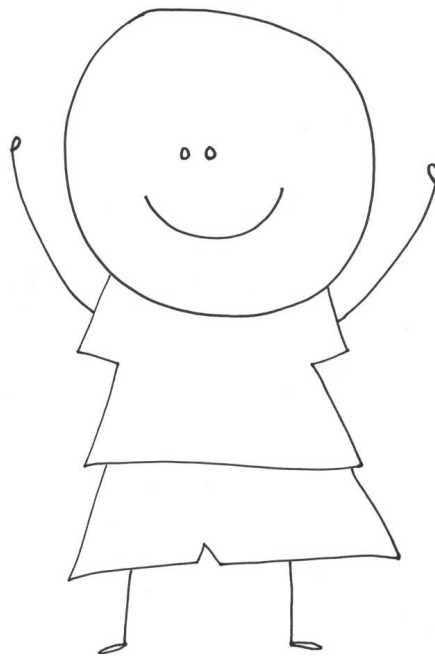


How to Shower Printable for Kids

Thank you for stopping by the site and downloading this free printable activity. You can find more fun activities and inspiration at:

<http://www.My-Little-Poppies.com>

If you would like to share this file with a friend, please send them to My Little Poppies. PLEASE DO NOT LINK DIRECTLY TO THE PDF FILE {the page you are on now}. Feel free to print this for your own personal use. This was created for private, non-profit use, and cannot be hosted or resold elsewhere.



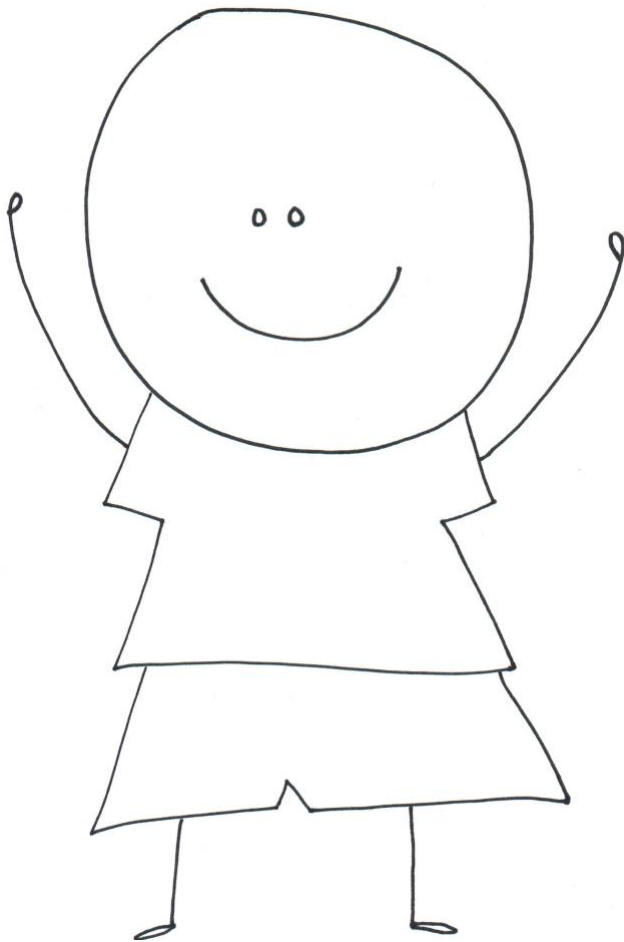
Instructions for use:

1. Print the How to Shower Printable for Kids
2. Laminate the printable for durability
3. Hang it up in your bathroom within view!
4. Smile, because you're helping your child to learn important life skills and independence!

HOW TO SHOWER

1. WASH HAIR

- * use dime=size amount of shampoo
- * rub on head and scrub with fingertips



* start at the top and go

2. WASH FACE

- * put soap on hands
- * wash with flat hands

3. WASH ARMS & HANDS

- * wash from your arm pits to fingertips
- * don't forget the other side!

4. WASH CHEST & BACK

- * put soap on wash cloth
- * scrub front and then back

5. WASH PRIVATE AREA

- * be sure to get both front and back!

6. WASH LEGS & FEET

- to the bottom
- * now, do the other leg!

7. RINSE OFF ALL SOAP

8. TURN OFF THE WATER & GRAB YOUR TOWEL!